

BOFRA CHAMPIONSHIP RACE CALENDAR 2015

DATE	RACE	TIME	LOCATION	AGE CATEGORIES
Sat 16 May	# Sedbergh Gala 2.6 miles 1200ft	1.15 pm	The show field, Back Lane, Sedbergh, Cumbria. LA10 5AQ	U12, U14, U17, Seniors
Sun 31 May	# Coniston Gullies 1 mile 900ft	12 noon	From Coniston, Cumbria LA21 8DU. Race and location to be confirmed – check website for details.	U9, U12, U14, U17, Seniors
Sun 7 June	#R Kettlewell 1.5 miles 600ft	12 noon	Blue Bell Inn, Kettlewell, Upper Wharfedale, on B6160. BD23 5QX	U9, U12, U14, U17, Seniors
Sun 14 June	#R Hawkswick Dash 1.2 miles 600ft	12 noon	Outgang Lane, Hawkswick, Littondale. Off B6160 between Grassington and Arncliffe. BD23 5PX	U9, U12, U14, U17, Seniors
Sun 21 June	#R Helm Hill Races 3.3 miles 900ft	2 pm	Opposite The Station Inn, Oxenholme, Kendal (on the B6254) LA9 7RF	U9, U12, U14, U17, Seniors
Sat 4 July	# Kirkby Gala 4.3 miles 1300ft	2 pm	The Sports field, Beckside, Kirkby-in-Furness, Cumbria, LA17 7TG	U9, U12, U14, U17, Seniors
Sat 11 July	# Alva Games 1.6 miles 1300ft	12.30 pm	Cochrane Park, on the A91 at Alva, near Stirling, Scotland, FK12 5LJ.	U12, U14, U17, Seniors
Sun 19 July	#R Cracoe Fell Races 2.6 miles 900ft	12 noon	Park Next to Jackson's of Cracoe. On B6265 between Skipton and Grassington, BD23 6LB.	U9, U12, U14, U17, Seniors
Thurs 30 July	# Ambleside Sports 2 miles 800ft	12 noon	Rydal Park Ambleside. On the A591, towards Keswick. LA22 9PL	U12, U14, U17, Seniors
Sun 2 Aug	#R Farleton Knott 4.5 miles 1500ft	12 noon	On A6070, 1 mile from M6 Junction 36, near Kendal. LA6 1PB	U9, U12, U14, U17, Seniors
Sat 8 Aug	# Arncliffe Gala 1.9 miles 459ft	2 pm	Arncliffe Village Green, North Yorkshire, BD23 5QD	U9, U12, U14, U17, Seniors
Mon 31 Aug	# Reeth Show 2 miles 800ft	12.30 pm	Reeth, Swaledale, on B6270 between Richmond and Kirkby Stephen. DL11 6AR	U12, U14, U17, Seniors
Wed 2 Sept	#S Muker Show 1.5 miles 650ft	3 pm	Muker, Swaledale, on B6270 between Richmond and Kirkby Stephen. DL11 6QQ	U12, U14, U17, Seniors (Senior Champ. race only)
Sun 13 Sept	#R Burnsall Fell Races 1.5 miles 800ft	12 noon	Wharfedale, on B6160, between Grassington and Addingham. BD23 6BP	U9, U12, U14, U17, Seniors
Sun 20 Sept	#R Embsay Fell Races 2.75 miles 800ft	3 pm	Main Street, Embsay. Off A65 2m East of Skipton. BD23 6RE	U9, U12, U14, U17, Seniors
Sat 10 Oct	# Wasdale Show 2.5 miles 2400ft	3 pm	Wasdale Head, West Cumbria. CA10 1EX	U12, U14, U17, Seniors

= Championship Race S=Senior Championship race only R = Raffle (Prizes appreciated)

BOFRA Presentation and Dinner Dance – Saturday 7 November 2015

For further information visit the website – www.bofra.org.uk

*You do not need to be a member to compete in BOFRA races. Members also accumulate points which count towards the annual championships. Appropriate clothing and shoes must be worn in all races. Full body cover **may** be required depending upon weather conditions. All runners must run unaccompanied. Minimum age to compete is 6 years on the day.*

OTHER FELL RACES AND SPORTS 2015

DATE	RACE	TIME	LOCATION	AGE CATEGORIES
Thurs 23 April	Dick Hudson's 5 Miles 600ft	7.00 pm	Millennium Gardens, Ilkley, LS29 9RF Contact Dave Hird - 01535 653826	Senior Race (over 16)
Thurs 28 May	Killington Sports 1.5 miles 400ft	6 pm	Off A683 Sedbergh to Kirkby Lonsdale road. Contact Richard Gorst - 01539 620939	U12, U14, U17, Seniors
Wed 3 June	Badger Stone Relays 3 x 2.0 Miles 400ft	7.30 pm	White Wells, Ilkley, LS29 9RF Contact Mark Mon-Williams - 01943 602614	U12, U14, U16, Seniors
Thurs 18 June	Beamsley Beacon 5.5 miles 900ft	7.15 pm	Swan Inn, Addingham, Near Ilkley, LS29 0NS Contact Dave Hird - 01535 653826	Senior Race (over 16)
Sat 20 June	Buckden Pike 4 miles 1500ft	2.30 pm	Buckden Village Green, N Yorks. Contact Graham Wadsworth - 07976 794749	Senior Race (over 16)
Thurs 2 July	Murder Mile 1 mile 800ft	7.15 pm	Silsden Golf Club, Brunthwaite Lane, Silsden. BD20 0QA. Contact Dave Hird - 01535 653826	U9, U12, U14, U17, Seniors
Sat 11 July	Addingham Gala 5.8 miles 1000ft	3 pm	Gala Field, Addingham, Ilkley. LS29 0QS Contact Dan Wilkinson - 01943 431094	Senior Race (over 16)
Thurs 16 July	Eshon Moor Fell Race 5 miles 400ft	6.30 pm	Gargrave, North Yorkshire. BD23 3UT Contact John Thompson – 07850 318137	U9, U12, U14, U17, Seniors
Sat 25 July	Cowling Gala 2.75 miles 475ft	4.15 pm	On A6068 between Colne and Keighley. BD22 0AH Contact Keith Holder – 01535 630146	U9, U12, U14, U17, Seniors
Sun 9 Aug	Cray 2.8 miles 1200ft	12 noon	On B6160 between Kettlewell and Aysgarth. Contact Paul Crabtree 01282 813211	U9, U12, U14, U17, Seniors
Sat 22 Aug	Gargrave Show 3.3 miles 900ft	12 noon	Malham Road, off the A65 at Gargrave, Skipton. Contact John Thompson – 07850 318137	U9, U12, U14, U17, Seniors
Sat 29 Aug	Malham Show 2.5 miles 700ft	3 pm	Malham, Airedale, off A65, 6 miles N of Gargrave. BD23 4DB. Contact Rob Hudson – 01756 790458	U9, U12, U14, U17, Seniors
Sun 30 Aug	Halton Gill Sports 1.5 miles 750ft	2 pm	Littondale, between Grassington and Kettlewell BD23 5QJ. Contact Annette Hirst – 01756 770245	U9, U12, U14, U17, Seniors
Tues 1 Sept	Kilnsey Show 1 mile 350ft	2 pm	On B6160 between Grassington and Kettlewell, BD23 5PS. Contact Ted Mason - 01756 720392	U12, U14, U17, Seniors
Sun 6 Sept	Bradley Family day 3.5 miles 900ft	2 pm	The playing fields, Bradley, Near Skipton. BD20 9DF Contact Tim Done – 01535 634871	U9, U12, U14, U17, Seniors
Sat 12 Sept	Lothersdale young farmers 1 mile	3 pm	Lothersdale, Near Skipton, BD20 8EX Contact Chris Jones – 07753 799386	U12, U14, U17, Seniors
Sun 4 Oct	Malham Charity Relays 1.5 miles 350ft per leg	11.30 am	Listers Arms, Malham, Upper Airedale off A65, 6m North of Gargrave, BD23 4DB	Junior, Senior and Mixed Teams – Charity Event

Get UP&RUNNING for 2015. For SHOES, CLOTHING and KIT for the fells, visit www.upandrunning.co.uk