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| **Blackpool Wyre & Fylde Athletic Club**  **Stanley Park Arena, Blackpool**  Held Under UKA Rules. Permit No. OUT 16/ |

**Open Medal Meeting – Sunday 11th September 2016**

**Field Events start at: 11.00 am - Track Events start at: 12 Noon**

**Limited Field Places. Early Entry Advised. Closing Date for entries: 5/9/16 or when full.**

**Please check the website below, before entering.**

**Online entry available at:** [**www.blackpoolopenmeetings.co.uk**](http://www.blackpoolopenmeetings.co.uk/)

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| **Under 9** | Girls 80m, 600m, Long Jump | Boys 80m, 600m, Long Jump |
| **Under 11** | Girls 80m, 600m, Long Jump | Boys 80m, 600m, Long Jump |
| **Under 13** | Girls 70mH, 100m, 200m, 800m, 1500m, Long Jump, High Jump, Shot | Boys 75mH, 100m, 200m, 800m, 1500m, Long Jump, High Jump, Shot |
| **Under 15** | Girls 75mH, 100m, 200m, 300m, 800m, 1500m, High Jump, Long Jump, Hammer, Discus, Javelin, Pole Vault, Shot | Boys 80mH, 100m, 200m, 300m, 800m, 1500m, High Jump, Long Jump, Hammer, Discus, Javelin, Pole Vault, Shot |
| **Under 17** | Women 80mH, 100m, 200m, 300m, 800m, 1500m, High Jump, Hammer, Discus, Javelin, Pole Vault, Shot | Men 100mH, 100m, 200m, 400m, 800m, 1500m, High Jump, Hammer, Discus, Javelin, Pole Vault, Shot |
| **Under 20** | Under 20 Women compete as Seniors. | Men 110mH, Discus, Shot, Hammer. All other events as Senior Men. |
| **Senior** | Women 100mH, 100m, 200m, 400m, 800m, 1500m, High Jump, Hammer, Discus, Javelin, Pole Vault, Shot | Men 110mH, 100m, 200m, 400m, 800m, 1500, High Jump, Hammer, Discus, Javelin, Pole Vault, Shot |

Standards and number of trials, are published on the following page.

**\*N.B. U/13’s AND U/15’s ARE ONLY ALLOWED TO COMPETE IN ONE DISTANCE EVENT PER MEETING \***

**U/13: 800 or 1500m U/15: 800 or 1500m**

**Online entry available at:** [**www.blackpoolopenmeetings.co.uk**](http://www.blackpoolopenmeetings.co.uk/)

NO ENTRIES ON THE DAY

**Please Detach……✂…………………………………………………………………………………………………✂…..............................................**

**Blackpool Wyre & Fylde Athletic Club – Open Medal Meeting 11th September 2016**

*I accept that the organisers shall not be liable for any injury to my person as a result of my taking part, nor any loss of property.  I accept that refunds will not be made.  I understand that photographers will be in attendance at this event*

**\* Signature…………………………………………………… (NB** Counter Signature of Parent/Guardian Required if under 17 years of age)

**\* Surname…………………………… \*First Name……………………….. \*Male/Female…………………..**

**\*Address………………………………………………………………………………………………………………**

**\*Tel No:………………………………………… \*Club……………………………………………………………**

**Email address (entry acknowledgement will be by email, please print clearly)**

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**\*Date of Birth: ………………………………………………. Age as at 31st August 2016: ………………….**

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| **\*Events** | **1……………………………….…** | **2…………………………..……** | **3………………………………..** |

**\*Age Group (please circle) U/9 U/11 U/13 U/15 U/17 U/20 Senior**

See below if unsure

**\*PLEASE COMPLETE ALL AREAS MARKED WITH \***

**Entries to:** Mr D Needham, 31 Stanagate, Clifton, Preston, PR4 0ZB

**Entry Fee**: £4.00 for each event. No more than 3 events per meeting, per athlete.

**Cheques payable to**: BW&FAC **Enquiries to** [dave.needham@ymail.com](mailto:dave.needham@ymail.com)

Age Group guidance. U/9 = School Years 3 & 4, U/11 = School Years 5 & 6, U/13 = School Years7 & 8, U/15 = School Years 9 & 10 U/17 = School Years 11 & 12

This guidance uses the school year the children will be in on 11th September

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| The Illuminations will be on, so why not get your club to organise a trip? |



**Blackpool Wyre & Fylde Athletic Club**

**Stanley Park Arena, Blackpool**

**See also the** [**Blackpool Wyre & Fylde AC**](http://www.blackpoolopenmeetings.co.uk/) **Website**

**ORDER OF EVENTS 11th September 2016**

**Field Events – Hammer will start at 11.00am followed by Discus. The other field events will start as soon as possible**

**Long Jump** U/9 Girls, U/9 Boys, U/15 Girls, U/15 Boys, U/13 Girls, U/13 Boys, U/11 Girls, U/11 Boys (all competitors have 3 trials)

**Shot** U/15 Boys, U/17 Men, U/20 Men, Senior Men, U/15 Girls, U/17 Women, Senior Women, U/13 Girls, U/13 Boys

**Hammer**  Senior Men, U/20 Men, U/17 Men, U/15 Boys, Senior Women, U/17Women, U/15 Girls

**Discus** U/15 Girls, U/17 Women, Senior Women, U/15 Boys, U/17 Men, U/20 Men, Senior Men

**Javelin** Senior Men, Senior Women, U/15 Boys, U/17 Men, U/15 Girls, U/17 Women

**Pole Vault** Senior Men, Senior Women, U/17 Women, U/17 Men, U/15 Boys, U/15 Girls

Pole Vault will be run as pools. These will be determined on the day.

**High Jump** Senior Men, Senior Women, U/17 Women, U/17 Men, U/15 Boys, U/15 Girls, U/13 Girls, U/13 Boys

#### Track Events Start 12 Noon

**Hurdles** U/13 Girls, U/13 Boys, U/15 Girls, U/17 Women, U/15 Boys, Senior Women, U/17 Men, U/20 Men, Senior Men

**600m** U/11 Boys, U/11 Girls, U/9 Boys, U/9 Girls, U/13 Boys, U/13 Girls

**800m** Senior Men, Senior Women, U/17 Men, U/17 Women, U/15 Boys, U/15 Girls

**100m** Senior Men, U/17 Men, Senior Women, U/17 Women, U/15 Boys, U/15 Girls, U/13 Girls, U/13 Boys

**80m** U/9 Girls, U/11 Girls, U/9 Boys, U/11 Boys

**400m** Senior Men, Senior Women, U/17 Men

**300m** U/15 Girls, U/15 Boys, U/17 Women

**1500m** Senior Men, Senior Women, U/17 Women, U/17 Men, U/15 Girls, U/15 Boys, U/13 Boys, U/13 Girls

**200m** U/15 Girls, U/15 Boys, U/13 Girls, U/13 Boys, Senior Men, U/17 Men, Senior Women, U/17 Women

***NOTE Events are run in order, which may change on the day. NOT to a time.***

***Please arrive early and ensure that you listen for the announcement of events***

**Throwing Standards**

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|  | U17 Women | U17 & U20 Men | Senior Women | Senior Men |
| Hammer | 30m | 30m | 30m | 31m |
| Discus | 25m | 30m | 30m | 30m |
| Shot | 8.5m | 10.5m | 9m | 10.5m |
| Javelin | 30m | 40m | 30m | 40m |

Under 13 and under 15 Throws have 3 trials. Under 17, Under 20 and Senior throwers have 3 trials.

The top 6 competitors who meet the standard will receive a further 3 trials.

**Sorry, but No entries are accepted on the day**

Numbers will be available from the registration area at the rear of the main stand.

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There will also be an Open Meeting in Blackpool in March 2017.