THE PONTEFRACT OPEN MEETING

SUNDAY, 25th JUNE 2017

AT THORNES PARK STADIUM, WAKEFIELD

ORGANIZED BY PONTEFRACT ATHLETICS CLUB. UK Athletics Permit No. 17/067

**U11 Boys** 75m, 600m, Long Jump, Shot

**U13 Boys** 100m, 200m, 800m, 75m Hurdles, High Jump, Long Jump, Shot

**U15 Boys** 100m, 200m, 800m, 80m Hurdles, High Jump, Long Jump, Shot, Discus

**U17 Men** 100m, 200m, 400m, 1500m, 100m Hurds, High Jump, Long Jump, Shot, Jav, Hammer

**U11 Girls** 75m, 600m, Long Jump, Shot

**U13 Girls** 100m, 200m, 800m, 70m Hurdles, High Jump, Long Jump, Shot

**U15 Girls** 100m, 200m, 800m, 75m Hurdles, High Jump, Long Jump, Shot, Discus

**U17 Ladies** 100m, 200m, 400m, 1500m, 80m Hurds, High Jump, Long Jump, Shot, Disc, Hammer

**Entry limited to 3 events for U11s to U17s – Ages as at 31 August 2017**

Memento to 1st 3 in each event. 3 trials in field events for U11s to U15s. 4 trials for U17s.

**Junior/Senior Men** 100m, 200m, 400m, 1500m, 110m Hurds, Long Jump, Shot, Jav, Hammer

**Junior/Senior Ladies** 100m, 200m, 400m, 1500m, 100m Hurds, Long Jump, Shot, Disc, Hammer **Ages as at 31 December 2017.** 4 trials in field events for Junior/Senior Men/Ladies.

Memento to 1st 3 in each event for Junior/Senior Men and Junior/Senior Ladies.

Junior/Senior Men compete together as one event except for 110m Hurdles, Shot and Hammer.

Junior/Senior Ladies compete together as one event.

**Hammer competition starts at 10.30 am, Field Events start 11.00 am, Track Events start 11.30**

**ENTRY FEES – Postal entries £4 for 1 event, £8 for 2 events, £10 for 3 events.**

Closing Date – Wednesday, 14th June 2017. Please send 9” x 6” SAE for numbers.

Postal entries to Cyril Jones, 97 Lynwood Crescent, Pontefract, West Yorkshire, WF8 3QX.

**Cheques payable to “Pontefract Athletics Club”**  **Entries on the day £2 per event extra.**

Last entry for Hammer competition 10.00 am, Last Field entry 10.30 am, Last Track entry 11.00 am

Please complete entry form below.

PONTEFRACT OPEN MEETING – 25th JUNE 2017 Held under UK Athletics Rules

Surname \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Forename \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Male/Female \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of Birth \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age Group \_\_\_\_\_\_\_\_\_\_\_

Address and Post Code \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

EA Reg No. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Club \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone No \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Events \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Declaration: I agree to abide by UK Athletics rules and accept that neither the event organizers nor their sponsors will be held responsible for any loss, injury or illness resulting from the event.

Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Parent/Guardian to sign if under 18)

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SUNDAY, 25th JUNE 2017

ORGANIZED BY PONTEFRACT ATHLETICS CLUB

TIMETABLE OF EVENTS – FIELD TIMETABLE OF EVENTS – TRACK

**10.30 am 11.30 am**

Hammer Jun/Sen/U17 Men 11.30 T1 1500m Jun/Sen/U17 Ladies

11.40 T2 1500m Jun/Sen/U17 Men

11.50 T3 70m Hurdles U13 Girls

**GROUP 1 – 11.00 am** 11.55 T4 75m Hurdles U13 Boys

Long Jump U11 Boys 12.00 T5 75m Hurdles U15 Girls

Long Jump U11 Girls 12.05 T6 80m Hurdles U17 Ladies

Shot U13/U15 Girls 12.10 T7 80m Hurdles U15 Boys

Hammer Jun/Sen/U17 Ladies 12.15 T8 100m Hurdles Jun/Sen Ladies

12.15 T9 100m Hurdles U17 Men

**GROUP 2 – 12 Noon** 12.20 T10 110m Hurdles Jun Men

Long Jump U15 Girls 12.20 T11 110m Hurdles Sen Men

Long Jump U13/U15 Boys 12.25 T12 75m U11 Boys

Shot U11 Girls 12.40 T13 75m U11 Girls

Javelin Jun/Sen/U17 Men 12.50 T14 100m U13 Boys

13.00 T15 100m U13 Girls

**GROUP 3 – 1.00 pm** 13.10 T16 100m U15 Boys

Shot U11/U13/U15 Boys 13.20 T17 100m U15 Girls

High Jump U13/U15/U17 Girls 13.40 T18 100m U17 Men

Discus Jun/Sen/U17 Ladies 13.45 T19 100m Jun/Sen Men

13.50 T20 100m U17 Ladies

**GROUP 4 – 2.00 pm** 13.55 T21 100m Jun/Sen Ladies

Long Jump U13 Girls 14.05 T22 600m U11 Boys

Long Jump Jun/Sen/U17 Ladies 14.10 T23 600m U11 Girls

High Jump U13/U15/U17 Boys 14.20 T24 800m U13 Boys

Shot Jun/Sen/U17 Men 14.25 T25 800m U13 Girls

14.30 T26 800m U15 Boys

**GROUP 5 – 3.00 pm** 14.35 T27 800m U15 Girls

Discus U15 Girls/U15 Boys 14.40 T28 400m U17 Ladies

Long Jump Jun/Sen/U17 Men 14.45 T29 400m U17 Men

Shot Jun/Sen/U17 Ladies 14.50 T30 400m Jun/Sen Ladies

14.55 T31 400m Jun/Sen Men

15.00 T32 200m U13 Girls

15.10 T33 200m U13 Boys

15.15 T34 200m U15 Girls

15.20 T35 200m U15 Boys

15.25 T36 200m U17 Ladies

**All Field Events are Finals** 15.30 T37 200m U17 Men

**All Track Events are Finals** 15.35 T38 200m Jun/Sen Ladies

**- positions will be awarded on times** 15.40 T39 200m Jun/Sen Men