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| **Blackpool Wyre & Fylde Athletic Club**  **Stanley Park Arena, Blackpool**  Held Under UKA Rules |

**Winter Warm-Up Meeting – Saturday 17th March 2018**

**Field Events start at: 11.00 am - Track Events start at: 12 Noon**

**Closing Date for Entries – Monday 12 March 2018**

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| **Under 9** | Girls 80m, 600m, Long Jump | Boys 80m, 600m, Long Jump |
| **Under 11** | Girls 80m, 600m, Long Jump | Boys 80m, 600m, Long Jump |
| **Under 13** | Girls 70mH, 100m, 200m, 600m, 1200m, Long Jump, Shot, High Jump | Boys 75mH, 100m, 200m, 600m, 1200m, Long Jump, Shot, High Jump |
| **Under 15** | Girls 75mH, 100m, 200m, 800m, 1500m, 3000m, Long Jump, Shot, Discus, Hammer, High Jump | Boys 80mH, 100m, 200m, 800m, 1500m, 3000m, Long Jump, Shot, Discus, Hammer, High Jump |
| **Under 17** | Women 80mH, 100m, 200m, 300m, 800m, 1500m, 3000m, Shot, Discus, Hammer, High Jump | Men 100mH, 100m, 200m, 400m, 800m, 1500m, 3000m, Shot, Discus, Hammer, High Jump |
| **Under 20** |  | Men 110mH, Shot, Discus, Hammer |
| **Senior** | Women 100mH, 100m, 200m, 400m, 800m, 1500m, 3000m, Shot, Discus, Hammer, High Jump | Men 110mH, 100m, 200m, 400m, 800m, 1500m, 3000m, Shot, Discus, Hammer, High Jump |

Under 13 & Under 15 Throws & Jumps have 3 trials. Under 17, Under 20 and Senior throwers have 3 trials. The top 6 who meet the standard will receive a further 3 trials. Standards are published on the following page.

**\*N.B. U/13’s AND U/15’s ARE ONLY ALLOWED TO COMPETE IN ONE DISTANCE EVENT PER MEETING \***

**U/13: 600 or 1200m U/15: 800 or 1500 or 3000m**

NO ENTRIES ON THE DAY

**Please Detach…………✂………………………………………………………………………………………………………………✂…………....**

**Blackpool Wyre & Fylde Athletic Club – Winter Warm-Up Meeting**

*I accept that the organisers shall not be liable for any injury to my person as a result of my taking part, nor any loss of property.  I accept that refunds will not be made.  I understand that photographers will be in attendance at this event*

**\* Signature……………………………………………………(NB** Counter Signature of Parent/Guardian Required if under 17 years of age)

**\* Surname……………………………………… \*First Name…………………………………….. \*Male/Female…………………..**

**\*Address……………………………………………………………………………………………………………………………………….**

**\*Tel No:………………………………………………… \*Club……………………………………………………………………………..**

**Email address (entry acknowledgement will be by email, please print clearly)**

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**\*Date of Birth: ………………………………………………. Age as at 31st August 2018: ………………….**

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| --- | --- | --- | --- |
| **\*Events** | **1………………………………..………** | **2…………………………………..……** | **3………………………………………..** |

**\*Age Group U/9 U/11 U/13 U/15 U/17 U/20 Senior**

See below if unsure

**\*PLEASE COMPLETE ALL AREAS MARKED WITH \***

**Entries to: :** Mr D Needham, 31 Stanagate, Clifton, Preston, PR4 0ZB

**Entry Fee**: £4.00 for each event. No more than 3 events per meeting, per athlete.

**Cheques payable to**: BW&FAC  **Enquiries to** dave.needham@ymail.com

**Age Group guidance.**

**U/9 = School Years 2 & 3, U/11 = School Years 4 & 5, U/13 = School Years 6 & 7, U/15 = School Years 8 & 9, U/17 = School Years 10 & 11, U/20 = Under 20 on 31/12/2017**

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**Blackpool Wyre & Fylde Athletic Club**

**Stanley Park Arena, Blackpool**

**ORDER OF EVENTS**

#### FIELD EVENTS START 11.00am Long throws will start with Hammer

**Long Jump** U/15 Girls, U/15 Boys, U/13 Girls, U/13 Boys, U/11 Girls, U/11 Boys, U/9 Girls, U/9 Boys (all competitors have 3 trials)

**Shot** U/17 Men, U/20 Men, Senior Men, U/17 Women, Senior Women, U/13 Girls, U/13 Boys, U/15 Girls, U/15 Boys

**Hammer**  Senior Men, U/20 Men, U/17 Men, U/15 Boys, Senior Women, U/17Women, U/15 Girls

**Discus** U/15 Girls, U/17 Women, Senior Women, U/15 Boys, U/17 Men, U/20 Men, Senior Men

**High Jump** Senior Men, Senior Women, U/17 Women, U/17 Men, U/15 Boys, U/15 Girls, U/13 Girls, U/13 Boys

#### TRACK EVENTS START 12 NOON

**Hurdles** U/13 Girls, U/13 Boys, U/15 Girls, U/15 Boys, U/17 Women, U/17 Men, U/20 Men, Senior Women, Senior Men.

**600m** U/11 Boys, U/11 Girls, U/9 Boys, U/9 Girls, U/13 Boys, U/13 Girls

**800m** Senior Men, Senior Women, U/17 Men, U/17 Women, U/15 Boys, U/15 Girls

**100m** Senior Men, U/17 Men, Senior Women, U/17 Women, U/15 Boys, U/15 Girls, U/13 Girls, U/13 Boys

**80m** U/9 Girls, U/11 Girls, U/13 Girls, U/9 Boys

**400m** Senior Men, Senior Women, U/17 Men

**300m** U/17 Women

**1200m** U/13 Boys, U/13 Girls

**1500m** Senior Men, Senior Women, U/17 Women, U/17 Men, U/15 Girls, U/15 Boys

**200m** U/15 Girls, U/15 Boys, U/13 Girls, U/13 Boys, Senior Men, U/17 Men, Senior Women, U/17 Women

**3000m** Senior Women, U/17 Women, U/15 Girls, Senior Men, U/17 Men, U/15 Boys

***NOTE Events are run in order, NOT to a time. Please arrive early and ensure that you listen for the announcement of events***

**Throwing Standards**

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| --- | --- | --- | --- | --- |
|  | U17 Women | U17 & U20 Men | Senior Women | Senior Men |
| Hammer | 30m | 30m | 30m | 31m |
| Discus | 25m | 30m | 30m | 30m |
| Shot | 8.5m | 10.5m | 9m | 10.5m |

**Sorry, but No entries are accepted on the day**

Numbers will be available from the registration area at the rear of the main stand.

**\*\*\*\*Advance Notice\*\*\*\***

**There will also be an Open Meeting in Blackpool on 9th September 2018.**

**Further entry details will be posted on the** [**Blackpool Wyre & Fylde AC**](http://www.bwfac.co.uk/) **Website**